What is the process from here?

To register your interest to be a part of a Hurunui Hauora (health and wellbeing) community and provider group, complete a nomination form. These are available at the community information sessions or can be downloaded at ccn.health.nz (search 'Hurunui Health Services').

Return to the Canterbury Clinical Network by Friday 2 July via either:

- email to info@ccn.health.nz;
- drop off to one of the five Hurunui General Practices / Health Centres; or
- post to Canterbury Clinical Network, PO BOX 741, Chch 8140.

The HHSDG will advise of the outcome by late July.

Once the two local groups are established, HHSDG will hand over the baton, having completed the work within their mandate.

Contacts

HHSDG Facilitator
Koral Fitzgerald
koral.fitzgerald@ccn.health.nz

Communications Coordinator Natasha Capon natasha.capon@ccn.health.nz

For more information, go to <u>ccn.health.nz</u> and search 'Hurunui Health Services'.





Do you want to make a difference to the hauora (health & wellbeing) of the Hurunui community?

Hurunui Health Services Development Group (HHSDG) is setting up a:

- local community group; and a
- health and wellbeing provider group

to help guide the regions' health care services into the future.

Who do we need?

People from a wide range of backgrounds within the Hurunui community, including different age groups, ethnicity, experience and locations.

How will the groups work?

- It is expected that groups will meet every 3-4 months (approximately 1 hour per meeting), either in person or online.
- Being a member is a voluntary role.
- The Chair of each group will also be a member of the other group, so they can share knowledge and work together to form solutions.
- A connection to the wider Canterbury health system will be through the Canterbury Clinical Network Rural Health Workstream.





Who is the Hurunui Health Services Development Group (HHSDG)?

The HHSDG was formed in 2015 to support the Hurunui community to lead the redesign of health and social services across the region, to ensure services are sustainable.

The group includes community members and health professionals who work alongside health service managers from Waitaha Primary Health and the Canterbury District Health Board.

A Model of Care (MoC) was developed with the community, which includes recommendations to enhance the health services available to the community.

"The group has achieved several milestones which they, and our community, should be proud of," says HHSDG Chair Marie Black.

The plan is to now create a local community group, in addition to a health and wellbeing provider group to continue enhancements.

Who is the Canterbury Clinical Network?

The HHSDG is facilitated by the Canterbury Clinical Network (CCN), which is an alliance of key organisations in Canterbury's health system working together to improve healthcare for the people of Canterbury. CCN's ways of operating, which are evidence-based, patient and community-centric and collaborative, made it suitable for overseeing this work.







Some of the MoC milestones achieved by the HHSDG include:

- Local General Practices extending their after-hours services by working collaboratively with their practice team members, emergency trained primary care staff (PRIME*), St John and Fire & Emergency New Zealand (FENZ).
- A way of providing rural restorative care is in place, so people
 needing more intensive support after illness or a period in hospital
 can get assistance in their own home, which may be from district
 nurses, general practice staff, home care support workers and allied
 health workers, e.g. physiotherapists.
- Hospital outpatient appointment times are now booked to consider people travelling from out of Christchurch, such as scheduling appointment times between 10am and 2pm to allow travel time.
 Booking multiple appointments on the same day and using telephone and telehealth (online) appointments, where clinically appropriate is also happening.
- A Transfer of Care project has been completed to guide hospital staff supporting patients transferring from Christchurch or Burwood Hospitals to a rural community hospital or home. It identifies what health services are available in a person's local rural community.
- Work with local maternity health providers to ensure pregnant women are cared for as close to home as possible. The Mother-4-Mother Programme is also running in the district, where local mothers trained as peer supporters share their breastfeeding knowledge with other mothers.

*Primary Response in Medical Emergencies





