

Community Respiratory Nursing Service

Summer 2020



A belated Happy New Year from the team!

2019 Summary

A big thank you to all our community spirometry and sleep providers for your ongoing hard work during 2019. You did:

- 2,473 spirometry tests
- 1,576 sleep studies

Keep those referrals coming! Last year we received close to a 50% increase in our nursing referrals:

- >110 Integrated Respiratory Nursing Service (IRNS) referrals
- 615 Better Breathing referrals

Inhaler Workshops

If you haven't yet made it to one of these, we will be running 2 multidisciplinary workshops in 2020. The first is already full, but spaces remain for November.

March 5th & November 19th from 6-7.30pm at Pegasus House. All doctors, nurses, and pharmacists welcome.



Upcoming Projects

Last year we piloted a Better Breathing introduction evening session, called a 'taster session', and after evaluating this we are going to trial another alternative alongside our successful group Better Breathing programme.

We currently run nine Better Breathing (pulmonary rehab) courses in Canterbury each year. These are located where the greatest need is, enabling patients to attend a programme in their local community. The disadvantage of this design is that there can be long waiting times from referral to attendance.

To remedy this, we are proposing an alternative 'rolling programme' design in 2020 to run alongside our current model. Although still in the early planning stages, this will be an ongoing programme that runs weekly and is held outside of traditional nine-to-five hours. The aim is to reduce wait times and help our high risk respiratory patients to be seen sooner. Watch this space...

South Island Respiratory Forum



February 27th and 28th at The George Hotel

Come and join us for two days of valuable education and networking. The theme this year is around self-management. For a full programme and to enrol, go to: <http://canbreathe.org.nz/events/>. You can opt in for one or both days.