

## Health of Older People Workstream Work Plan 2021-22

Objectives	Actions	Measures of Success / Targets / Milestones	System Outcomes
Priority actions towards transformational change, improved system outcomes and/or enhanced integration			
1. Equitable access for services for Kaumātua	Kahukura Kaumātua project rolled out in the Hurunui (EOA): <ul style="list-style-type: none"> <li>Initial hui held in Hurunui.</li> <li>Hurunui programme developed.</li> </ul>	Q2: Hui held in Hurunui. Q3: Programme developed alongside local community.	<ul style="list-style-type: none"> <li>Equity</li> <li>People are supported to stay well</li> <li>Community resilience /capacity enhanced</li> </ul>
	Business case developed for the sustainable development of this programme (EOA).	Q3: Business Plan completed.	
	Training resource developed to enable other groups to undertake similar processes of engagement with cultural communities (EOA).	Q3-4: Resource drafted and circulated.	Equity
2. Improved actions to meet anticipated increase in people with Dementia	Produce report with recommendations for service interventions to address delayed dementia diagnoses including Dementia Specialist Nurse (EOA).	Q2: Report produced.	<ul style="list-style-type: none"> <li>Earlier diagnoses</li> <li>Management of disease (best practice)</li> </ul>
	Continue to work with Community and Public Health to promote dementia specific health messaging.	Q2: Meetings held. Q3: Strategy developed.	
3. Improved social integration for older people	Investigate and report on the potential for a “Social Prescription” model for older people, with attention to people’s cultural and linguistic needs (EOA).	Q4: Report presented.	<ul style="list-style-type: none"> <li>Behavioral interventions delivered</li> <li>Equity</li> <li>Social environment supports health</li> </ul>
	Work to implement “Social Prescription” model for selected cohort.	Q1: Meetings held to agree strategy. Q2: Cohort identified. Q3: Pilot begun.	<ul style="list-style-type: none"> <li>Behavioural interventions delivered</li> <li>Community capacity enhanced</li> </ul>
4. Improved social integration for older people	Enable streamlined uptake of Carer Support by simplifying systems including: <ul style="list-style-type: none"> <li>Modifying claims process</li> <li>Aligning with Funded Family Care policies</li> <li>Developing pathways for use of Individualised Funding options</li> </ul>	Q1: Baseline established of Carer Support utilised and service gaps identified. Q4: Growth in Carer Support utilisation measured over time. Q4: Health Pathways revised.	<ul style="list-style-type: none"> <li>Behavioral interventions delivered</li> <li>Community capacity enhanced</li> </ul>
5. Enhanced support for carers	Develop up-to-date information package for carers promoting the benefits of taking time out and detailing strategies to enable people to do so.	Q3: Package produced and approved. Q4: Education package distributed at time of referral.	<ul style="list-style-type: none"> <li>Behavioral interventions delivered</li> <li>Community capacity enhanced</li> </ul>
	Enable streamlined uptake of carer Support by simplifying systems including: <ul style="list-style-type: none"> <li>Modifying claims process.</li> </ul>	Q1: Baseline uptake established. Q4: Qualitative survey of users. Q4: Increased uptake identified	<ul style="list-style-type: none"> <li>People are supported to stay well</li> <li>Community capacity enhanced</li> </ul>

Objectives	Actions	Measures of Success / Targets / Milestones	System Outcomes
	<ul style="list-style-type: none"> <li>Aligning with Funded Family Care policies.</li> <li>Developing pathways for use of Individualised Funding options.</li> </ul>		
6. Quality Improvement in ARC	<ul style="list-style-type: none"> <li>Work towards increased ARC engagement in Falls Prevention.</li> <li>Bring together ARC working group to develop strategic direction for falls prevention in Residential Care.</li> </ul>	Q2: Falls prevention sessions held. Q3: Group meeting. Q4: Strategic plan developed.	<ul style="list-style-type: none"> <li>Behavioral interventions delivered</li> <li>Access to care improved</li> </ul>
	Cross-provider resource developed to support appropriate de-prescribing of antipsychotics.	Q2: Strategy developed. Q3: Pilot implementation developed. Q4: Pilot begun.	<ul style="list-style-type: none"> <li>People are supported to stay well</li> <li>Management of disease (best practice)</li> </ul>
Actions towards monitoring progress			
7. Wider Access to Health Plans	Monitor the uptake of: <ul style="list-style-type: none"> <li>Advance Care Plans</li> <li>Medical Care Guidance Plans</li> <li>Personalised Care Plan</li> </ul>	Q1-4: Increased use of all plans.	<ul style="list-style-type: none"> <li>Access to care improved</li> </ul>
8. Health literacy	Monitor use of HealthInfo.	Q1-4: Traffic on site reported quarterly.	<ul style="list-style-type: none"> <li>Social environment supports health</li> </ul>
9. Palliative care	Maintain links with South Island Alliance Palliative Care Workstream (SLM).	Q1-4: Quarterly reports from ARC Palliative Care NZ service received.	<ul style="list-style-type: none"> <li>Access to care improved</li> <li>Death with Dignity</li> </ul>
10. CREST	Continue to monitor CREST transition.	Q1-4: Report from CSSLA.	<ul style="list-style-type: none"> <li>Access to care improved</li> </ul>
11. Falls and fractures	Monitor CSSLA Falls Prevention actions and receive reports of developments and progress in this area.	Q1-4: Reports received.	<ul style="list-style-type: none"> <li>People are supported to stay well</li> </ul>
Key metrics to indicate progress delivering work plan actions, impact on health outcomes and/or monitor performance			
Description of metric			
1. Admission to ARC by ethnicity (50+ Māori).			
2. Admissions to Hospital 65+ by ethnicity (50+ Māori).			
3. Length of Stay 65+ by ethnicity (50+ Māori).			
4. ED presentations 65+ by ethnicity (55+ Māori).			
5. Number of #NOF or #humerus referred to in-home FPP (75+) – (55+ Māori)			

The current CCN Work Plan for all alliance groups can be viewed on the CCN website [here](#).