

## Mental Health Workstream Work Plan 2020-22

Objectives	Actions	Measures of Success / Targets / Milestones	System Outcomes
Priority actions towards transformational change, improved system outcomes and/or enhanced integration			
1. An Integrated system delivers care at the level required when it is needed	Support implementation of the new integrated primary care mental health service Te Tumu Waiora. (SLM).	Q4: Access to Te Tumu Waiora service available to 150,000 enrolled population.	▪ Workstream supports effective initiatives that reflect co-design
	Kaupapa Māori organisation supported to develop local Muslim capacity to respond to people impacted by the Mosque attacks. (EOA)	Q2: Muslim Mental Health and Addictions (MH&A) Model of Care fully operational and reporting in place.	▪ Access to care improved
	Whānau and lived experience contribution to MH&A services in Canterbury improved.	Q2: Stocktake undertaken of lived experience and whanau roles across Canterbury to identify opportunities to strengthen input.	▪ Workstream supports effective initiatives that reflect co-design
	Recovery College Curriculum developed by Providers and available to consumers.	Q2: Canterbury Recovery Curriculum confirmed and offered to consumers.	
	Maternal Mental Health boosted by completion of Canterbury Plan for “First 1000 days”.	Q2: First 1000 days plan identifies actions to support Maternal Mental Health.	
	Support expansion of the new integrated primary care mental health service, Te Tumu Waiora. (EOA)	Year 2021/22 Q4: Access to Te Tumu Waiora available to over 150,000 enrolled population.	▪ Workstream supports effective initiatives that reflect co-design
	Kaupapa Māori organisation continues to assist local Muslim capacity to respond to people impacted by the Mosque attacks. (EOA)	Year 2021/22 Q3: Muslim MH&A Model of Care fully operational and evaluation report completed.	▪ Access to care improved
	Improve whanau and lived experience contribution to MH&A services in Canterbury.	Year 2021/22 Q2: Number of lived experience and whānau roles expanded across Canterbury.	▪ Workstream supports effective initiatives that reflect co-design
	Recovery College Curriculum developed by Providers and available to consumers.	Year 2021/22 Q2: Canterbury Recovery Curriculum and participation reviewed.	
Maternal Mental Health boosted by completion of Canterbury Plan for “First 1000 days”.	Year 2021/22 Q3: Maternal Mental Health actions achieved to provide increase in access for mothers and families.		
2. Improve access across the system and reduce wait times	Support implementation of new and expanded youth mental health and addiction services. (EOA)	Q4: New and/or expanded services implemented.	▪ Workstream supports effective initiatives that reflect co-design
	Model for Opioid Substitution Treatment in pharmacies evaluated and expanded.	Q4: Evaluation of Opioid Substitution Treatment Model in pharmacies evaluated.	▪ Access to care improved
	Alcohol and Other Drug (AOD) Services	Q4: Mental Health Respite beds available	

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	expanded to provide greater range of care options.	for those with addictions.	
	Implementation of new and expanded youth mental health and addiction services.	Year 2021/22 Q4: Additional and/or new youth mental health and addiction services reporting in place and evaluation undertaken.	▪ Access to care improved
	Model for Opioid Substitution Treatment in pharmacies evaluated and expanded.	Year 2021/22 Q3: Opioid Substitution Treatment Model in pharmacies expanded further.	
	AOD Services expanded to provide greater range of care options.	Year 2021/22 Q1: Increased detoxification options available in the community.	
3. Strengthen Suicide Prevention and Postvention	Cross-agency Canterbury Suicide Prevention Action plan implemented.	Q2: Cross -agency dashboard developed.	
	Agencies given opportunities to collaborate on prevention and postvention. (EOA)	Bi-annual forums provide agencies with education and opportunities to collaborate.	
	Postvention counselling available to those who need it, when they need it.	Q2: Work with Clinical Advisory Services Aotearoa to implement new bereavement counselling service across Canterbury.	▪ Access to care improved
	New Māori Tiriti and Equity group formed to inform the sector in Canterbury on Māori mental health and addictions equity and cultural safety <sup>1</sup> .	Q2: Māori Tiriti and Equity group formed and equity actions identified.	
	Cross-agency Canterbury Suicide Prevention Action plan implemented.	Year 2021/22 Q4: Annual Report of the agreed actions available online.	Access to care improved
	Opportunities for support of people after they present in crisis with suicidal behaviour expanded in line with the national direction.	Year 2021/22 Q4: Options for support of people who present to crisis and emergency services with suicidal behaviour increased.	
4. Provision of supporting services to assist in recovery	Housing options increased for the most vulnerable consumers in Canterbury.	Q1: Additional housing options houses available for consumers.	▪ Improved environment supports health and wellbeing
	Community Forensic Capacity is expanded to reflect demand.	Q2: Additional community forensic resources available.	
	Peer Support is enhanced by expanding opportunities for MH&A training and education.	Q4: Three training programmes available annually.	
Actions towards monitoring progress			
5. An Integrated System that delivers care at the level required when it is needed.	Provision of coordinated and enduring wellbeing and mental health recovery programme in response to the March 15 attack. (EOA)	Implementation of the recovery and wellbeing plan for those impacted by the March 15 attack.	▪ Reduce avoidable mortality
	Equally Well initiatives identified and new Canterbury Action Plan implemented by PHO/SMHS. (EOA/SLM)	Equally Well initiatives monitored/supported by CCN.	

<sup>1</sup> Action to be agreed by MHWS

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	Support integrated care for Pasifika by Pasifika that includes mental health and addictions within a primary/community environment. (EOA)	Mental health model integrated/expanded with Whanau Ora services for Pasifika.	
Key metrics to indicate progress delivering work plan actions, impact on health outcomes and/or monitor performance			
Description of metric			Data Source
1. Rates of Maori and Pacific consumers accessing SMHS and PHO and NGO Mental Health services are monitored bi-annually.			CDHB, Pegasus , PHO
2. Number of consults accessed from Purapura Whetu and Christchurch Resettlement Service due to March 15 attack monitored quarterly.			CRS, PPW
3. Canterbury Suicide Prevention Governance Committee cross agency data monitoring.			CDHB et al
4. Wait times for access to services presented bi-annually for adults and children.			PRIMHD
5. Equally well initiatives have data metric built into design.			SMHS, PHO

The 2020-21/22 CCN Work Plan for all alliance groups can be viewed on the CCN website [here](#).